

# Base Menu Spreadsheet

## Portion Values

Aug 23, 2021 thru Sep 3, 2021

**Menu Name:** Secondary Breakfast

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 08/23/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Egg Scrambled	cup	1	339	3.01
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
000662 Cereal Variety	CEREAL	1	112	22.75
000983 Juice Cup	CUP	1	60	15.00
000317 Mik 1%	CARTON	1	100	11.00
Weighted Daily Average			889	84.61
% of Calories				38.1%
Weekly Nutrient Guideline			450 - 600	

### Tuesday - 08/24/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000504 Biscuit Sandwich	SANDWICH	1	420	26.27
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00

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000093 Toast Cinn	SLICES	1	151	19.86
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			987	113.88
% of Calories				46.2%
Weekly Nutrient Guideline			450 - 600	

## Wednesday - 08/25/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000616 Dutch Waffle	Funnel Cake	1	330	38.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
Weighted Daily Average			720	93.61
% of Calories				52.0%
Weekly Nutrient Guideline			450 - 600	

## Thursday - 08/26/2021

### Reimbursable Meal Total 1

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000541 Biscuit & Gravy	SERVING	1	300	32.59
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			867	120.20
% of Calories				55.5%
Weekly Nutrient Guideline			450 - 600	

### Friday - 08/27/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000865 Cinnamon Roll Scratch	SERVINGS	1	230	41.68
000955 Cinnamon Roll	ROLL	1	260	36.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00

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Aug 23, 2021 thru Sep 3, 2021

Weighted Daily Average			1057	165.29
% of Calories				62.6%
Weekly Nutrient Guideline			450 - 600	

### Monday - 08/30/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990042 Egg Casserole	1 cup	1	272	2.38
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
000983 Juice Cup	CUP	1	60	15.00
000317 Mik 1%	CARTON	1	100	11.00
000662 Cereal Variety	CEREAL	1	112	22.75
Weighted Daily Average			822	83.99
% of Calories				40.9%
Weekly Nutrient Guideline			450 - 600	

### Tuesday - 08/31/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000504 Biscuit Sandwich	SANDWICH	1	420	26.27
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			987	113.88
% of Calories				46.2%
Weekly Nutrient Guideline			450 - 600	

**Wednesday - 09/01/2021**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000846 French Toast Sticks	3 Sticks	1	260	42.00
001022 Syrup	TBSP	1	46	12.06
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
000983 Juice Cup	CUP	1	60	15.00
000317 Mik 1%	CARTON	1	100	11.00

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## Portion Values

Aug 23, 2021 thru Sep 3, 2021

Weighted Daily Average			855	135.67
% of Calories				63.5%
Weekly Nutrient Guideline			450 - 600	

**Thursday - 09/02/2021**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000541 Biscuit & Gravy	SERVING	1	300	32.59
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			867	120.20
% of Calories				55.5%
Weekly Nutrient Guideline			450 - 600	

**Friday - 09/03/2021**

**Reimbursable Meal Total 1**

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## Portion Values

Aug 23, 2021 thru Sep 3, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
001113 Donut Holes	5 HOLES	1	220	24.00
001101 Donut Cake Mini	4 DONUTS	1	200	25.00
000495 Toast	SLICES	1	126	13.00
000093 Toast Cinn	SLICES	1	151	19.86
000662 Cereal Variety	CEREAL	1	112	22.75
000983 Juice Cup	CUP	1	60	15.00
000317 Mik 1%	CARTON	1	100	11.00
Weighted Daily Average			970	130.61
% of Calories				53.9%
Weekly Nutrient Guideline			450 - 600	

			Cals <sup>1</sup> (kcal)	Carb (g)
Weighted Averages			902	116.19
% of Calories				51.5%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient  
**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values  
<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.